

Product: **Lehar Dal Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	507	152
Protein	g	18.0	5.4
Carbohydrate	g	49.6	14.9
Sugars*	g	3.2	1.0
Fat	g	26.3	7.9
Sodium	mg	845	254

Ingredients:

Dals 89% (Chana Dal, Moong Dal, Masoor Dal), Edible Vegetable Oil, Salt, Sugar,

**Spices & Condiments, Citric Acid, Black Salt.

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Masala Pori Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	520	156
Protein	g	14.6	4.4
Carbohydrate	g	50.8	15.2
Sugars*	g	1.0	0.3
Fat	g	28.7	8.6
Sodium	mg	550	165

Ingredients:

Puffed rice, Edible Vegetable Oil, Chana dal, **Spices & Condiments (Curry leaves, Turmeric powder, Chilli powder, Asafoetida, Garam masala), Peanut, Besan, Rice flour, Pea flour, Edible starch, Salt.

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as natural flavouring substances.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Masala Puffs**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	430	129
Protein	g	8.0	2.4
Carbohydrate	g	72.3	21.7
Sugars*	g	3.0	0.9
Fat	g	12.1	3.6
Sodium	mg	1007	302

Ingredients:

Rice meal, Corn Meal, Edible vegetable oil, **Spices & Condiments, Gram Meal, Sugar, Salt, Tomato Powder, Black salt, Citric acid.

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

* Total sugars

**Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Aloo Bhujia**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	610	183
Protein	G	9	2.7
Carbohydrate	G	40	12
Sugars*	G	2.1	0.6
Fat	G	46	13.8
Sodium	mg	900	270

Ingredients:

Potato (65.3%), Edible Vegetable Oil, Pea flour, Corn flour, Besan, Starch, Rice flour, **Spices & Condiments(Chilli Powder, Coriander Powder, Cumin Powder, Tamarind Powder, Garlic Powder, Turmeric Powder, Amchur, Anardana Powder, Black Pepper Powder, Fenugreek Powder, Ginger Powder, Cinnamon Powder, Fennel Powder, Large cardamom powder, Mustard seeds powder, Onion Powder), Salt, Black salt, Citric Acid, Dal Arhar.

CONTAINS ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

* Total sugars

**Used as natural flavouring agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Bikaneri Bhujia (Large)**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per 30g
Energy	kcal	627	188
Protein	g	11.8	3.5
Carbohydrate	g	33.6	10.1
Sugars*	g	1.0	0.3
Fat	g	49.5	14.9
Sodium	mg	1000	300

Ingredients:

Edible vegetable oil, Moth Dal flour, Besan, Salt, **Spices & Condiments

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Bikaneri Bhujia (Small)**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per 30g
Energy	kcal	628	188
Protein	g	12.2	3.7
Carbohydrate	g	32.4	9.7
Sugars*	g	1	0.3
Fat	g	50	15
Sodium	mg	1000	300

Ingredients:

Edible vegetable oil, Moth Dal flour, Besan, Salt, **Spices & Condiments

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Chatpata Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	560	168
Protein	g	11.0	3.3
Carbohydrate	g	48.0	14.4
Sugars*	g	2.7	0.8
Fat	g	36.0	10.8
Sodium	mg	700	210

Ingredients:

Edible Vegetable Oil, Cereal Flakes 21% (Rice flakes, Corn Flakes), Dried Pea (15%), Masur Dal (8%), Pea Flour, Peanut (6%), Rice Flour, Besan, Starch, **Spices Condiments, (Chilli Powder, Onion powder, Turmeric Powder, Amchur, Cumin Powder, Coriander Powder, Garlic Powder, Ajwain, Ginger Powder, Fenugreek Powder), Salt, Moth Dal Flour, Black salt, Sugar, Citric acid.

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Chatpateet Chatka**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	535	160
Protein	g	7.5	2.3
Carbohydrate	g	54.8	16.4
Sugars*	g	2.1	0.6
Fat	g	32.0	9.6
Sodium	mg	654	196

Ingredients:

Potato, Edible Vegetable Oil, **Spice and Condiments, Sugar, Salt, Milk Solids, Black Salt, Tomato Powder, Citric Acid

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

** Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Potato Chips is considered as 30g.

Product: **Lehar Iron Chusti**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	460	138
Protein	g	11	3.3
Carbohydrate	g	65	19.5
Sugars*	g	6	1.8
Fat	g	17	5.1
Iron	mg	28	8.4
Vitamin B2	mg	3	0.9
Vitamin B12	µg	2	0.6
Folic Acid	µg	200	60
Sodium	mg	1100	330

Ingredients:

Rice Meal, Corn Meal, Edible Vegetable Oil, Soy Flour (8.7%), Ragi Flour (5.4%), **Spices and Condiments (Onion Powder, Chilli Powder, Dry Mango Powder, Coriander Powder, Garlic Powder, Ginger Powder, Black Pepper Powder, Turmeric Powder, Fenugreek Powder), Besan, Salt, Iron Salt (0.2%), Vitamin Premix, Black Salt, Tomato Powder, Sugar, Citric Acid, Tartaric Acid.

Contains Added Flavour (Natural & Nature Identical Flavouring Substances)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as Natural Flavouring Agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Karare Peanuts**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	511	153
Protein	g	12	3.6
Carbohydrate	g	52	15.6
Sugars*	g	45	13.5
Fat	g	28	8.4
Sodium	mg	1200	360

Ingredients:

Peanuts (44.6%), Starch, Edible Vegetable Oil, Wheat flour, Rice Flour, Maltodextrin, Salt, **Spices & Condiments (Onion Powder, Chilli Powder, Amchur, Ginger Powder, Coriander Powder, Garlic Powder, Cumin Powder, Black Pepper Powder, Turmeric Powder, Fenugreek Powder), Milk solids, Black Salt, Citric Acid, Sodium Bicarbonate, Tomato Powder, Sugar, Tartaric Acid.

CONTAINS ADDED FLAVOUR (NATURAL, NATURE IDENTICAL AND ARTIFICIAL (GREEN MANGO & RAISIN) FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #

* Total sugars

**Used as Natural Flavouring Agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Khatta Meetha**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	560	168
Protein	g	9.2	2.8
Carbohydrate	g	52.0	15.6
Sugars*	g	16.2	4.9
Fat	g	35.0	10.5
Sodium	mg	500	150

Ingredients:

Edible Vegetable Oil, Rice Flakes (20%), Sugar, Dals 9%, (Masur Dal, Chana Dal), Dried Pea (8%), Peanut (7%), Pea flour, Rice Flour, Besan, Starch, Moth Dal Flour, Salt, **Spices & Condiments, Black Salt, Citric acid.

Other Details:

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

* Total sugars

**Used as Natural Flavouring Agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Matar Masti**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	474	142
Protein	g	15.7	4.7
Carbohydrate	g	57.1	17.1
Sugars*	g	4.1	1.2
Fat	g	20.3	6.1
Sodium	mg	800	240

Ingredients:

Peas (81%), Edible Vegetable Oil, Salt, Sugar, **Spices and Condiments, Citric Acid, Black salt.

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

* Total sugars

**Used as Natural Flavouring Agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Moong Dal**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	495	149
Protein	g	22.0	6.6
Carbohydrate	g	50.0	15
Sugars*	g	2.6	0.8
Fat	g	23.0	6.9
Sodium	mg	400	120

Ingredients:

Moong Dal (95%), Edible Vegetable Oil, Salt & Black salt (1.1%)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

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Product: **Lehar Murukku Bites**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	545	163
Protein	g	7.3	2.2
Carbohydrate	g	58.5	17.6
Sugars*	g	1.0	0.3
Fat	g	31.3	9.4
Sodium	mg	648	194

Ingredients:

Rice flour, Edible vegetable oil, Black gram flour, Sesame seeds, **Spices & Condiments, Salt.

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

** Used as natural flavouring agent.

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Product: **Lehar Navratan Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	550	165
Protein	g	17	5.1
Carbohydrate	g	44	13.2
Sugars*	g	2.5	0.7
Fat	g	34	10.2
Sodium	mg	900	270

Ingredients:

Dals 38% (Chana Dal, Masur Dal), Edible Vegetable Oil, Peanut 14%(Whole, Split), Dried Pea (6%), Rice Flake (5%), Pea flour, Potato Chip, Rice flour, Besan, Moth Dal Flour, **Spices & Condiments (Chilli Powder, Amchur, Coriander Powder , Turmeric Powder , Onion Powder, Ginger Powder, Cumin Powder, Black Pepper Powder, Garlic Powder, Mustard Seeds Powder), Starch, Salt, Black salt, Citric Acid.

CONTAINS ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

** Used as natural flavouring agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Ratlami Sev**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	597	179
Protein	g	14.0	4.2
Carbohydrate	g	34.8	10.4
Sugars*	g	4.1	1.2
Fat	g	34.8	10.4
Sodium	mg	1200	360

Ingredients:

Besan, Edible Vegetable Oil, Moth Flour, Salt, **Spices and Condiments (Chilli Powder, Ajwain Powder, Black Pepper Powder, Cloves Powder, Ginger Powder, Asafoetida Powder).

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

*Total sugars

** Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Ribbon Pakoda**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	539	162
Protein	g	8.3	2.5
Carbohydrate	g	55.8	16.7
Sugars*	g	1	0.3
Fat	g	31.4	9.4
Sodium	mg	668	200

Ingredients:

Rice Flour, Edible Vegetable Oil, Besan, Salt, **Spices & Condiments

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

** Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Salted Wafers**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	566	170
Protein	g	7.0	2.1
Carbohydrate	g	50.2	15.1
Sugars*	g	1.4	0.4
Fat	g	37.5	11.3
Sodium	mg	411	123

Ingredients:

Potato, Edible Vegetable Oil, Salt (1.6%)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Potato Chips is considered as 30g.

Product: **Lehar Shahi Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	544	163
Protein	G	13	3.9
Carbohydrate	G	51	15.3
Sugars*	G	11.8	3.5
Fat	G	32	9.6
Sodium	Mg	600	180

Ingredients:

Edible vegetable oil, Cereal Flake 16%(Corn Flake, Rice Flake), Dals 16%, (Masur Dal, Chana dal), Sugar, Dried Pea (9%), Cashew Nut (5%), Besan, Rice Flour, **Spices& condiments (Amchur, Garam Masala, Red Chilli Powder, Coriander Powder, Fennel Powder, Turmeric Powder, Asafoetida, Ajwain Powder), Pea Flour, Peanut (3%), Raisin (2%), Starch, Moth Dal Flour, Salt, Corn Flour, Black Salt, Citric acid.

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

** Used as natural flavouring agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Simply Salted**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	Kcal	544	163
Protein	G	7.0	2.1
Carbohydrate	G	51.7	15.5
Sugars*	G	2.6	0.8
Fat	G	35.5	10.7
Sodium	Mg	385	115

Ingredients:

Potato, Edible Vegetable Oil, Salt (1.5%)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Potato Chips is considered as 30g.

Product: **Lehar South Masala Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	577	173
Protein	g	11.0	3.3
Carbohydrate	g	43.3	13
Sugars*	g	1.0	0.3
Fat	g	40.0	12
Sodium	mg	511	153

Ingredients:

Edible Vegetable Oil, **Spices & Condiments (Curry leaves, Garlic powder, Turmeric powder, Chilli powder, Amchur, Asafoetida), Besan, Rice flakes, Rice flour, Chana dal, Pea flour, Peanut, Edible starch, Salt.

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

*Total sugars

**Used as natural flavouring agent.

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Spicy Masala**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	Kcal	535	160
Protein	G	7.5	2.3
Carbohydrate	g	54.8	16.4
Sugars*	g	2.6	0.8
Fat	g	31.8	9.5
Sodium	mg	631	189

Ingredients:

Potato, Edible vegetable oil, Milk solids, **Spices & Condiments (Tamarind powder, Onion powder, Black pepper powder, Cumin powder, Garlic powder, Turmeric powder, Ginger powder, Large cardamom powder), Salt, Black Salt, Sugar, Tartaric acid, Citric Acid.

CONTAINS ADDED FLAVOUR (NATURAL & NATURE IDENTICAL & ARTIFICIAL (CHUTNEY & RAISIN) FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #

*Total sugars

**Used as natural flavouring agent

The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Potato Chips is considered as 30g.

Product: **Lehar Tangy Starz**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	444	133
Protein	g	7.9	2.4
Carbohydrate	g	69.9	21.0
Sugars*	g	8	2.4
Fat	g	14.8	4.4
Sodium	mg	1258	377

Ingredients:

Wheat Flour, Edible Vegetable Oil, Starch, Sugar, Salt, **Spices and Condiments, Black Salt, Tomato Powder, Citric Acid, Milk Solids

CONTAINS ADDED FLAVOUR -NATURE IDENTICAL AND ARTIFICIAL (TOMATO)
FLAVOURING SUBSTANCES

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #

* Total sugars

**Used as natural flavouring agent

#The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Tasty Tomato**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	545	163
Protein	g	6.8	2.0
Carbohydrate	g	55.6	16.7
Sugars*	g	7.4	2.2
Fat	g	32.8	9.8
Sodium	mg	624	187

Ingredients:

Potato, Edible vegetable oil, Sugar, Salt, **Spices & Condiments (Chilli powder, Black pepper powder, Garlic powder, Ginger Powder), Tomato Powder (0.1%), Starch, Citric Acid, Tartaric acid.

CONTAINS ADDED FLAVOUR (NATURAL & NATURE IDENTICAL SUBSTANCES)

- Vegetarian
- No added MSG
- Trans fat free #
- No artificial flavouring

* Total sugars

**Used as natural flavouring agent

#The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Tomato Twist**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	577	173
Protein	g	5.2	1.6
Carbohydrate	g	52.6	15.8
Sugars*	g	4	1.2
Fat	g	38.4	11.5
Sodium	mg	688	206

Ingredients:

Edible Vegetable Oil, Rice Meal, Corn Meal, Sugar, Gram Meal,**Spices and Condiments(Chilli Powder, Onion Powder, Garlic Powder, Ginger Powder, Black Pepper Powder, Cinnamon Powder, Spice Extract, Clove Powder),Salt, Tomato Powder(1%),Black Salt, Citric acid.

CONTAINS ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

#The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Nut Cracker**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	608	182
Protein	g	24.5	7.4
Carbohydrate	g	22.4	6.7
Sugars*	g	1.0	0.3
Fat	g	46.7	14.0
Sodium	mg	739	222

Ingredients:

Peanut (63.3%), Besan, Edible Vegetable Oil, Starch, **Spices & Condiments(Red Chilli Powder, Turmeric Powder, Amchur Powder, Tamarind Powder, Garam Masala, Ginger Powder, Onion powder, Garlic Powder, Black pepper Powder, Cumin Powder, Ajwain Powder, Asafoetida), Salt, Black Salt, Sugar, Citric Acid, Tartaric Acid, Milk Solids.

CONTAINS ADDED FLAVOUR (NATURE IDENTICAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

#The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011]. As per the globally accepted norm, serving size for Namkeen is considered as 30g.

Product: **Lehar Punjabi Chatka**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	588	176
Protein	G	6.5	2.0
Carbohydrate	G	47.0	14.1
Sugars*	G	1.0	0.3
Fat	G	41.5	12.5
Sodium	mg	1046	314

Ingredients:

Potato, Edible Vegetable Oil, Starch, Besan, Rice Flour, Pea Flour, Corn Flour,**Spices & Condiments (Chilli Powder, Onion Powder, Amchur powder, Cumin Powder, Coriander Seed Powder, Garlic Powder, Ginger Powder, Black Pepper Powder, Fenugreek, Turmeric Powder, Spices Extract),Salt, Sugar, Black Salt ,Citric Acid, Malic Acid, Tomato Powder, Tartaric Acid.

CONTAINS ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Lehar Tasty Spicy Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	543	163
Protein	G	11.4	3.4
Carbohydrate	G	51.1	15.3
Sugars*	G	1.7	0.5
Fat	G	32.5	9.8
Sodium	Mg	597	179

Ingredients:

Edible Vegetable Oil, Rice Flour/Flakes (26.9%), Corn Flour/Flakes, Peas (14.2%), Besan, **Spices & Condiments (Chilli Powder, Onion Powder, Turmeric Powder, Amchur, Cumin, Coriander Seed Powder, Garlic Powder, Ajwain, Ginger Powder, Fenugreek Seeds), Masur Dal(3.4%), Potato Starch, Peanuts(3%), Salt, Black Salt, Sugar, Citric Acid.

CONTAINS ADDED FLAVOUR (NATURAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Lehar Tasty Sweet n Sour Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	535	161
Protein	g	9.8	2.9
Carbohydrate	g	56.5	17.0
Sugars*	g	17.2	5.2
Fat	g	30.0	9
Sodium	mg	374	112

Ingredients:

Rice Flour/Flakes (31.5%), Edible Vegetable Oil, Sugar, Peas(8.5%), Peanuts(5.4%), Corn Flour, Chana Dal, Masur Dal (3.8%), Besan, Potato Starch, Salt, **Spices & Condiments (Turmeric Powder, Garam Masala, Ajwain), Black Salt, Citric Acid.

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Lehar Tasty Bhujia**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	583	175
Protein	g	6.4	1.9
Carbohydrate	g	46.3	13.9
Sugars*	g	2.2	0.7
Fat	g	41.3	12.4
Sodium	mg	1150	345

Ingredients:

Edible Vegetable Oil, Rice Flour, Potato, Starch, Corn Flour, Besan, Salt, **Spices & Condiments(Chilli Powder, Onion Powder, Amchur Powder, Cumin, Coriander Seed Powder, Garlic Powder, Ginger Powder, Black Pepper Powder, Spices Extract, Fenugreek, Turmeric Powder), Sugar, Black Salt , Citric Acid, Malic Acid, Tomato Powder, Tartaric Acid.

CONTAINS ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Sev Masur Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	568	170
Protein	G	11.4	3.4
Carbohydrate	G	43.8	13.1
Sugars*	G	2.5	0.8
Fat	G	38.6	11.6
Sodium	mg	1149	345

Ingredients:

Edible Vegetable Oil, Masur Dal (22.5 %), Rice Flour, Wheat Flour, Potato (7.6 %), Corn Flour, Whole Wheat Flour, Besan, Spinach, Potato Starch, **Spices & Condiments (Chilli Powder, Black Pepper Powder, Turmeric Powder, Garam Masala, Clove Powder), Salt, Black Salt, Citric Acid.

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Dal Sev Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	564	169
Protein	g	14.2	4.3
Carbohydrate	g	44.6	13.4
Sugars*	g	3.3	1.0
Fat	g	36.6	11.0
Sodium	mg	714	214

Ingredients:

Edible Vegetable Oil, Rice Flour, Pea Flour, Chana Dal (9.9%), Besan, Peanuts (4.5%),
**Spices & Condiments (Cumin Powder, Chilli Powder, Turmeric Powder, Asafoetida
Powder, Ajwain), Salt, Citric Acid.

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Gathiya Mix**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	570	171
Protein	G	12.0	3.6
Carbohydrate	G	42.4	12.7
Sugars*	G	1.0	0.3
Fat	G	39.1	11.7
Sodium	mg	1205	361

Ingredients:

Edible Vegetable Oil, Besan, Rice Flour, Pea Flour, Potato Starch, Peanut (4.2%),
**Spices & Condiments (Chilli Powder, Curry Leaves, Amchur Powder, Black Pepper
Powder, Turmeric Powder, Ajwain), Corn Flour, Salt, Black Salt, Citric Acid.

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Tangy Tomato Puffs**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	444	133
Protein	G	9.0	2.7
Carbohydrate	G	72.0	21.6
Sugars*	G	6.8	2.0
Fat	G	13.3	4.0
Sodium	Mg	900	270

Ingredients:

Rice Meal, Corn Meal, Edible Vegetable Oil, Sugar, Salt, Gram Meal, **Spices & Condiments(Chilli Powder, Garlic Powder, Spice Extract, Cinnamon Powder, Clove Powder, Ginger Powder), Tomato Powder(0.8%),Citric Acid, Dextrose.

CONTAINS ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #
- ✓ No artificial flavouring

* Total sugars

**Used as natural flavouring agent

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Product: **Khatta Meetha Puffs**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	464	139
Protein	g	6.3	1.9
Carbohydrate	g	73.6	22.1
Sugars*	g	8.8	2.6
Fat	g	16.0	4.8
Sodium	mg	740	222

Ingredients:

Rice Meal, Corn Meal, Edible Vegetable Oil, Sugar, **Spices & Condiments(Amchur Powder, Black Pepper Powder, Cumin Powder, Chilli Powder, Ginger Powder, Coriander Powder, Spice Extract, Cinnamon Powder, Clove Powder, Nutmeg Powder, Fennel Powder, Mace Powder, Cardamom Powder, Fenugreek Powder), Gram Meal, Fructose, Black Salt, Salt, Citric acid, Tartaric acid, Malic acid.

CONTAINS ADDED FLAVOUR (NATURAL, NATURE IDENTICAL & ARTIFICIAL (CHATPAT) FLAVOURING SUBSTANCES)

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #

* Total sugars

**Used as natural flavouring agent

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Product: **Karara Chana Hing Jeera**

NUTRITIONAL INFORMATION (APPROX.):

		Per 100g	Per Serve (30g)
Energy	kcal	451	135
Protein	g	17.5	5.3
Carbohydrate	g	62.1	18.6
Sugars*	g	5.6	1.7
Fat	g	14.7	4.4
Sodium	mg	851	255

Ingredients:

Roasted Whole Chana (83.8%), Edible Vegetable Oil, **Spices & Condiments(Cumin Powder, Chilli Powder, Amchur Powder, Anardana Powder, Asafoetida Powder, Coriander Powder, Cardamom Powder, Ginger Powder, Cinnamon Powder), Salt, Black Salt.

- ✓ Vegetarian
- ✓ No added MSG
- ✓ Trans fat free #

* Total sugars

**Used as natural flavouring agent

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