

Product: **Homestyle Masala\*\* (SKU-40 g)**

**NUTRITIONAL INFORMATION (APPROX.):**

		Per 100g	Per Serve (40 g)
Energy	kcal	394	158
Protein	g	11.2	4.5
Total Carbohydrate	g	70.3	28.1
of which Sugars*	g	6.8	2.7
Total Fat	g	7.6	3.0
Dietary Fibre	g	8.5	3.4
Sodium	mg	1968	787

Total Trans Fat content not more than 0.05 per cent by weight.

Total Saturated Fat content not more than 1.8 per cent by weight.

**Ingredients:**

Oats (75%), \*\*Spices & Condiments (Onion Flakes and Powder, Coriander Leaf and Seed Powder, Garlic Powder, Black Pepper Powder, Turmeric Powder, Chilli Powder, Ginger Powder, Garam Masala, Cumin Powder, Fenugreek Seed Powder, Clove Powder, Cinnamon Powder, Spices Extract), Salt, Sugar, Dehydrated Carrot Flakes (2.8%), Corn Flour, Tomato Powder (0.7%), Mushroom Powder, Fat Powder, Citric Acid, Lemon Juice Powder, Edible Vegetable Oil.

CONTAINS PERMITTED NATURAL COLOURS (100 (i) AND 150d) AND ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

With Real Vegetables

- Rich source of Dietary Fibre<sup>^</sup>
- Energy to keep you going<sup>+</sup>
- Vegetarian
- No added MSG
- No artificial flavouring
- Trans fat free<sup>#</sup>

\* Total sugars

\*\*Used as natural flavouring agent

<sup>^</sup> As per Codex Alimentarius Commission guidelines

<sup>+</sup> Whole grains provide energy and are a source of a dietary fibre.

<sup>#</sup> The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011].