

Product: **Homestyle Masala\*\* (SKU-400 g)**

**NUTRITIONAL INFORMATION (APPROX.):**

		Per 100g	Per Serve (40 g)
Energy	Kcal	390	156
Protein <sup>†</sup>	g	11.0	4.4
Total Fat	g	8.7	3.5
Total Carbohydrate	g	66.7	26.7
of which Sugars <sup>*</sup>	g	7.0	2.8
Dietary Fibre <sup>†</sup>	g	8.5	3.4
Sodium	mg		

Total Trans Fat content not more than 0.05 per cent by weight.

Total Saturated Fat content not more than 5.6 per cent by weight.

**Ingredients:**

Oats (73.3%), \*\*Spices & Condiments (Onion Flakes and Powder, Coriander Leaf and Seed Powder, Garlic Powder, Black Pepper Powder, Turmeric Powder, Chilli Powder, Ginger Powder, Garam Masala, Cumin Powder, Fenugreek Seed Powder, Clove Powder, Cinnamon Powder, Spices Extract), Salt, Sugar, Dehydrated Carrot Flakes (2.8%), Edible Vegetable Oil, Corn Flour, Tomato Powder (0.7%), Mushroom Powder, Fat Powder, Citric Acid, Lemon Juice Powder.

CONTAINS PERMITTED NATURAL COLOUR ((100 (i) AND 150(d)) AND ADDED FLAVOUR (NATURAL AND NATURE IDENTICAL FLAVOURING SUBSTANCES)

With Real Vegetables

- Rich source of Dietary Fibre<sup>^</sup>
- Energy to keep you going<sup>+</sup>
- Vegetarian
- No added MSG
- No artificial flavouring
- Trans fat free<sup>#</sup>

\* Total sugars

\*\*Used as natural flavouring agent

<sup>^</sup> As per Codex Alimentarius Commission guidelines

<sup>+</sup> Whole grains provide energy and are a source of a dietary fibre.

<sup>#</sup> The term "Trans-fat free" means where trans-fat is less than 0.2 g per serving of food [Regulation No. 2.2.2 (3) proviso 2, of The Indian Food Safety and Standards (Packaging and Labeling) Regulation, 2011].